

# Do's & Don'ts

## Thirteen Key Directives on Drug Development.

**Directive 1. "Write a clear SOP on drug development".** The goal of drug development is to present a quality rugged drug in the overall shortest development time. If your firm hasn't clear, concise drug development procedures and objectives on file, backed-up with all the necessary protocols, from cleaning, to process to analytical validation - don't start the project until this is done.

### Directive 2.

**"Run pilot studies - never uncontrolled studies** - uncontrolled studies like non-validated assays may seem cheaper at the time but generally give the wrong guidance. A pilot study to evaluate a potential bioequivalent product with a fully validated analytical assay/metabolite/impurity procedure, prior to the main study - often works out more cost effective than plunging into a high cost study without a pilot evaluation. Never do uncontrolled studies!

### Directive 3.

#### "Write and Report Facts Faithfully"

A failed result is a positive endpoint as it may well highlight a wrong development route. If the result stays 'failed' after a full investigation, then report its impact and conclusions on the study or process faithfully. Never average results in order to bring an out-of-spec-result into specification.

That's a GLP violation.

### Directive 4.

#### "Remember the 5C's of documentation"

Each documentation page of a report, protocol, method, or submission file should be like the 5C's of a flawless diamond (cut, clarity, clear, carat, cost.)

**Clear** statements, aims, objectives conclusions and results inform the reviewer of where you are going.

**Concise** - a report that is succinct and to the point is all that's needed.

**Compact**, avoid any padding - period!

**Controlled** prospective protocols and procedures can be written for most studies or processes and will produce well-controlled documents.

**Certify & check** - review and audit every document your development unit produces. Sign, date and stamp documents that have passed a careful and thorough audit review process.

### Directive 5.

#### "Be innovative and creative"

Get your research department to talk to the developers, the production people, regulatory affairs and lab. analysts. Do not compartmentalise your personnel.

**Cross** departmental communication imparts development expertise and builds in genuine product value.

**Challenge** SOPs and procedures with the aim of producing a better product.

Documentation can always be made more attractive and user friendly. Writing procedures using attractive fonts and point sizes often invite readership.

### Directive 6.

#### "Be Open and Direct "

Never hide a bad study or cover up a poor result. All test results are valid unless an appropriate investigation procedures proves otherwise. Review your firm's out-of-specification operational procedure, and check that there are no organization omissions...

### Directive 7.

#### "Investigate all abnormalities"

Test results that are out-of-specification need formal written investigations based on a Out Of Specification Standard Operating Procedure. The result may well be a simple sampling or technician error. For example - an extraneous peak that suddenly appeared after many production manufactured lots

in an HPLC assay spectrum, was found on investigation to arise from a change in an inactive dye vendor (a new supplier) and not as was anticipated a new product impurity or degradant.

#### Directive 8.

**"Run a mock PAI against your Application just before submitting."**

The Drug Application will eventually be judged on the acceptability of the manufacture, control and testing facilities as documented in the agency file *and* in-house supporting data. Audit every facet of the development, manufacture, control and stability procedures of the drug product. Check and cross-reference each possible submission document against the manufacturing / control and laboratory files and equipment logs. Build in routine **self-inspection checks** during the development process. Formulate this quality development routine by SOPs and department audit checklists.

#### Directive 9.

**"Make your Application really clear, concise and user friendly "**

Well prepared and assembled print or electronic files and dossiers are a joy to read, review, and evaluate. Use all the desk top publishing tools to shape your firm's reports as attractive, stimulating, and interesting to read and review.

A document can entice or repel a reader simply by its construction - it can also be made a scientific work-of-art.

#### Directive 10.

**"Treat regulators like your key personnel treat you"**

Listen to regulators - they too have their story to tell and may know regulations that you don't. Listen to their concerns clearly - it's in your product's interest.

There is no greater achievement in satisfying a PAI inspector's requests in real-time and in producing the documentation/data requested - before he leaves the firms' premises.

That regulator won't forget you or your product line up for review!

**Work** with regulators - or they will work against you and your product may not get to the market place on time.

**Treat** regulators with respect - as you would like to be treated. Agency officials are understanding, experienced professionals whose prime concern is product quality and safety.

**In** any regulatory meeting the only welcome outcome is a win-win scenario. Both parties get what they want.

**Remember** an agency never loses an argument - the product only suffers and gets delayed due to incomplete data or regulatory requirements.

#### Directive 11.

*"Talk to the regulators regularly."*

Allow regulators to review protocols prior to starting the work. Get their opinion and express your concerns openly. Regulators like openness and honesty - and work well with polite, respectful and professional personnel.

#### Directive 12.

**"Take a hard look at your cGMP's "**

The absence of GMP compliance simply adulterates your drug development pipeline. GMP compliance is targeted to play a more dynamic role in the drug review and PAI process.

(Establishment Evaluation System - FDA Drug Center and Office of Regulatory Affairs electronic data sharing)

#### Directive 13.

***"Audit everything enthusiastically"***.

Leave no audit stone unturned. Establish consistent in-house audit self-inspection programs effective at *each* stage of the drug development pathway. At the end of every development report submission stage, (refer development checklist chapter 15), audit the department and relevant steps concerned.

End-of-study auditing is quite ineffective as early errors or omissions can not be corrected promptly and on-time. 📄